



**Dementia  
Friends  
Iowa** 

A Dementia Friendly America initiative



*Join a growing movement of people like you who are helping fellow community members live with dementia.*

**Become a  
Dementia  
Friend!**

You can become a Dementia Friend by attending a one-hour informational session to learn about living with dementia and the simple things you can do to support someone living with dementia.

### **What Happens at the Information Session?**

This one-hour session is a session led by Dementia Friends Champion Claudia Hauser. You'll learn some basics of dementia such as what dementia is, how it can affect a person, some tips for communicating with people who have dementia, and other ways to support people with dementia.

**Date: April 19, 2026**

**Time: 2:00 pm**

**Location: Council Bluffs Masonic Temple**

**130 South 6<sup>th</sup> Street**

**Council Bluffs, Iowa 51503**

**To Register: Email**

**[CBCLAUD@aol.com](mailto:CBCLAUD@aol.com)**

**or call 402-630-5317**



**Presenter:  
Claudia Hauser  
Dementia Friendly Iowa  
Committee  
Iowa Order of the Eastern Star**