

# Supporting communities where all people can live, age and thrive.



## About

Dementia Friendly Iowa promotes change and education in communities to create a more informed, safe, and respectful place for people living with dementia and their caregivers.

**This movement is part of Dementia Friendly America and is locally supported by:**



## Two initiatives joining forces for positive changes

### Dementia Friends

- Global movement that is changing the way people think, act and talk about dementia.
- Offers free informational sessions led by volunteer Dementia Friends Champions.
- Participants learn about dementia and tips for communicating with people who have dementia.

### Dementia Friendly Communities

- Promotes change and education at the community level.
- Community initiatives are driven by volunteer action teams.
- Trainings include specialized business training as well as memory cafes and support groups.

**For more information about Dementia Friendly Iowa contact Megan Zimmerman at 319-239-2902 or email [mzimmerman@nei3a.org](mailto:mzimmerman@nei3a.org).**