



**Dementia
Friends
Iowa** 

A Dementia Friendly America initiative



Join a growing movement of people like you who are helping fellow community members live with dementia.

**Become a
Dementia
Friend!**

You can become a Dementia Friend by attending a one-hour informational session to learn about living with dementia and the simple things you can do to support someone living with dementia.

What Happens at the Information Session?

This one-hour session is a session led by Dementia Friends Champion Claudia Hauser. You'll learn some basics of dementia such as what dementia is, how it can affect a person, some tips for communicating with people who have dementia, and other ways to support people with dementia.



Date: August 13, 2026
Time: 6:30 PM
Location: Triangle Lodge
3100 41st St.
Sioux City, Iowa
To Register: Email
CBCLAUD@aol.com or call
402-630-5317

Presenter:
Claudia Hauser
Dementia Friendly Iowa
Committee
Iowa Order of the Eastern Star